ISSUE MAY 2017

#### Vision

The "Go To" expert for those impacted by a developmental disability.

#### Mission

Community Living South
Muskoka provides lifetime
support to all those impacted
by a developmental disability,
utilizing skilled staff and
effective partnerships
involving the individual, the
family and the community
with the result that the
individual is accepted as a
valued community member.

#### Values

Excellence

Trust

Respect

### Success Factors

A Highly Valued

Community Organization

A Leader in Innovation

Person Centred

Valued, Skilled Staff



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## A Message from your Board Chair and CEO

Community Living South Muskoka is
Celebrating 50 years Serving the
Developmentally Disabled and our
Community!

We are proud to be celebrating 50 years of providing services and supports to those impacted by a developmental disability. It has been a long history of both challenges and celebrations, in which we had to work hard for every incremental change.

Back when we first started, in the 60's, if you had a child that was born with a developmental disability your options for support were very limited. For many families the only choice was to turn their child over to the province of Ontario, which operated institutions such as the Huronia Regional Centre in Orillia, and the Muskoka Centre in Gravenhurst.

At that time there were no special education programs or other public education available and children with developmental disabilities were not allowed to attend school. A group of parents in our community decided this was not acceptable and their grass roots efforts were the inception of our organization. By 1967 we had developed into

an organization that was incorporated. In 1968, through collaboration and partnerships between parents, the Board of Education and Community Living South Muskoka, the Victoria Street School was built in Bracebridge to allow children with special educational needs to attend school. This is just one story of how public involvement, led over the years by a large number of dedicated Board members, families, staff and volunteers, has helped us to grow and change public perceptions about people with intellectual disabilities.

After 50 years, Community Living South Muskoka is still a leading advocate to promote a community where everyone belongs.



### A Message from your Board Chair and CEO

The agency became officially incorporated on May 11, 1967, and was renamed Community Living South Muskoka (CLSM) in 1987. Today, the agency provides lifetime support by utilizing skilled staff and effective partnerships that involve the individual, the family and the community with the result that the individual is accepted as a valued community member.

CLSM has grown over the years, and we currently operate (10) residential homes, Family Home and Supporting Independent Living and new innovative programs such as range neighbour' part of our accommodation choices. We also Community Participation Supports and Employment to ensure а meaningful inclusive life for adults who reside in South Muskoka. In addition, we offer a range of individual services to those who receive Passport funding or other forms of direct funding.

We have a proud history of being an active member and advocate for an inclusive early years and education system in Muskoka and are pleased to provide special needs Resource Teacher supports for children aged 2-6 and Family Support to school-aged children and youth and their families. We were recently named as the lead agency for children's respite for Muskoka, Parry Sound, Nipissing, Cochrane and Timiskaming Districts.

Our Morrison Meadows property in Bracebridge is intended to enrich the lives of Muskokans and visitors to the District by providing opportunities to enjoy farming, nature, and outdoor recreation activities. It is here that we have built, with the generous financial assistance of the community, a fully accessible playground where children of all abilities can play safely together.

Community Living South Muskoka employs almost 170 people, making us one of the largest employers in Muskoka. Our highly skilled, trained staff provides supports to approximately 400 children and adults with developmental disabilities in the region.

To celebrate our 50th anniversary we invite everyone to join us at one of the many celebrations and events we are hosting throughout 2017.

May 11 – Pancake Breakfast in Bracebridge-celebrating our date of incorporation
May 26 – Parking Lot Party in BracebridgeSpecial performances by the CL Idol singers
June 7 – Spaghetti Dinner in Honey Harbour
August 11 – Fundraising Cruise on the Wenonah
Steamship in Gravenhurst
September 22-24 – Fall Harvest Festival at
Morrison Meadows in Bracebridge

We believe that everyone brings value to our community. Please help us celebrate and promote an inclusive Muskoka

Submitted by,
Gord Haugh, Board Chair
Krista Haiduk-Collier, Chief Executive Officer

"We are proud to be celebrating 50 years of providing services and supports to those impacted by a developmental disability. It has been a long history of both challenges and celebrations, in which we had to work hard for every incremental change."

> - Gord Haugh, Board Chair



### Providing broader community experiences for the people we serve

# Viva Las Vegas! Bev and Donna's Fabulous Vacation

# Donna's Story

I went on a vacation my friend Bev and two staff members, Tara and Debbie. We went to Las Vegas, Nevada, and we flew a big airplane to get there. Tara was scared and I had to hold her hand.

We stayed at a very beautiful hotel called The Wynn. I really liked our big beautiful room, where we could watch the flowers come up in the morning.

When we were in Las Vegas we went shopping for gifts for my friends at home. The best part was when we went to see the Donnie and Marie Osmond show, I just love Donnie! We also went up the really big ferris wheel that went really high and we could see

the whole Las Vegas Strip. I really liked watching the Mermaid after supper at the Margaritaville Restaurant - they let us take pictures. I also really liked the big Popeye statue at our hotel where I got to play the slot machines and win some money, which was lots of fun. The water show at the Bellagio hotel was beautiful. I loved all the different sites in Las Vegas and I even met Elvis when we went to Freemount Street. I loved my trip!

By Donna Dunford

# Bev's Story

My name is Bev and I went to Las Vegas at the end of February with my friend Donna and two staff members,

Debbie



and Tara. I really enjoyed the airplane ride and couldn't stop giggling the whole time! My favourite things to do in Las Vegas were looking at all the lights, shopping, and the giant ferris wheel. We got to see Elvis and we also went to a Donnie and Marie Osmond show. On the way home our airplane flight was delayed by 10 hours, but I handled it very well. If I had the chance to go anywhere again I would pick Las Vegas!

By Bev Tompkins



- Donna Dunford





## **Success Factor - A Leader in Innovation**

### **Peer Educators**

Community Living South Muskoka is very proud to welcome our team of Peer Educators! They have all gone above and beyond to expand their own learning and knowledge to teach their peers and make a positive difference in peoples lives. The Peer Educators run weekly sessions to educate people on topics such as Abuse, Rights, Social Media Safety, Self-Esteem, etc. If anyone has an interest in becoming a Peer Educator, or would like more information, please Contact Pat Kerr at (705) 687-0116.

# **Meet CLSM Peer Educators Tammy and Aimee**



**Tammy** 

In the last few years Community Living South Muskoka (CLSM) has had an amazing training program. The training is for adults supported by CLSM and it gives them the

opportunity to learn about themselves, Friendships, Healthy Eating, Respect, Self Esteem, and other topics. All these subjects will help them stay safe, which is <u>so</u> important, and they will also learn important skills.

Recently I was asked to train my friends at CLSM on these topics and I really enjoy it!

This program is a lot of fun because it's a chance to learn new skills, make new friends and share information with each other. This year we had some students from Georgian College, Emma and Cody, who helped with the training. I also taught some of the lessons with one of my friends one-to-one. We had a lot of laughs which help make the information fun to learn!

By Tammy Laskowski Employment Program



Aimee

This year I was asked to help with training for the adults at Community Living South Muskoka.

I wanted to give it a try and have now done two training sessions. One of the topics

that we teach is Self Esteem. I have found that by doing this training it has helped me with my own Self Esteem. It made me feel really good that I was asked to do this job and I love it!

It has been fun teaching others and it also gives me another activity to keep me busy. I like to keep busy! I can also put on my resume that I was helping to teach, which .is a good skill to have when I'm applying for a job

I really enjoyed the question and answer time during the training sessions because it gave me a chance to see what everyone had learned. I find that every time I teach these lessons, I also learn something new.

By Aimee Fleger
Supported Independent Living Program and
Employment Program

# The CLSM Peer Educators Team

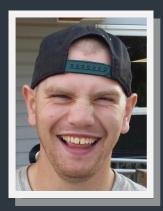
In addition to Tammy and Aimee, the Peer Educators Team incudes:



Josh



Ailene



Caine





























### Success Factor - Valued, Skilled Staff

# Develop a learning culture to encourage continuous education and personal growth

## **Person Centred Gathering**

On April 11 & 12th three Supervisors from Community Living South Muskoka had the privilege to attend the Helen Sanderson Person Centered Gathering in Richmond Hill.

The theme of the Gathering was FIVE WAYS to Wellbeing. We wanted to share this learning with you because we feel it has great value and it inspired us to reflect on the lives of the people we support, as well as on our personal lives to enhance our relationships and to enrich the quality of our lives every day.

The first way of wellbeing is to **CONNECT** and we challenge

you to take the first step to connect with family, an old friend, neighbours or a colleague and invest time in these important relationships.

This is the second year that we have participated at the Person Centred Gathering and we left feeling inspired, refreshed and re-focused to continue moving forward with u sing Person Centred Tools in all areas of the agency , and especially in the lives of the people we support.

The FIVE WAYS of Wellbeing are:

#### CONNECT

With the people around you. With family, friends, colleagues and neighbours. At home, work, school or your local community. Think of these as the cornerstones of your life and invest time in developing them.



Supervisors Debbie Southorn,
Lorie Vogels and Dawn DeCaire at the
Person Centred Gathering

course.

Take on a different responsibility at work.
Set a challenge you will enjoy achieving. Learning new things will make you more confident, as well as being fun to do.

#### **GIVE**

Do something nice for a friend or a stranger. Look out, as well as in. Seeing yourself and your happiness linked to the wider community can be incredibly rewarding and will create connections with people around you.

#### **BE ACTIVE**

Go for a walk or run.
Step outside. Cycle.
Dance. Most importantly, discover a physical activity you enjoy; one that suits your level of mobility and fitness.

#### **TAKE NOTICE**

Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons.
Savour the moment.

#### **KEEP LEARNING**

Try something new.

Rediscover an old
interest. Sign up for that

The Five Ways to Wellbeing are:

- Connect
- Be Active
- Take Notice
- Keep Learning
- Give

"We challenge you to take the first step to connect with family, an old friend, neighbours or a colleague and invest time in these important relationships".

Please join us for our



When: June 7<sup>th</sup>, 2017 5:00 - 7:00pm

#### Where:

Baxter Ward Community Centre 279 Honey Harbour Rd, Port Severn, ON LOK 180

#### Tickets:

\$10/person, \$5 for Children under 10 Available at Community Living South Muskoka (15 Depot Drive, Bracebridge) or at 290 Honey Harbour Road, Port Severn.

Bake Sale Also!

All Proceeds Benefit



# May is Community Living Month - Join us for a Parking Lot Party!



# 50th Anniversary Parking Lot Party!

15 Depot Drive, Bracebridge



For more information go to www.clsm.on.ca or call (705) 645-5494

Date: May 26, 2017 Time: 11am-4pm

Join us as we celebrate 50 years of supporting people with developmental disabilities in South Muskoka!

- BBQ hot dogs & sausages. Cake, drinks
- Performances by the Community Living Idol Singers
- Face Painting and Games

Hot dogs \$1 Sausages \$2 Drinks \$1

Community Living South Muskoka - Serving our community since 1967

**May is Community Living Month!** 

### **Success Factor - Person Centred**

### Focus on the individual to maximize their capabilities

# I Found My Dream Job!

My name is Hilary and I recently got a new job as a Greeter at the Wal-Mart store in Bracebridge. I love being around people and



talking to them and I get to do all of that in my new job. I really like my job! Actually, I love it! The staff at Wal-Mart are really friendly, and I enjoy meeting new people and handing out the flyers. My favourite part of my job is greeting people at the door and meeting new people. There's nothing that I don't like about my job, this is my dream job!

By Hilary Eaton Supported Independent Living Program

When Hilary's employer was asked how she was doing and if the job was a good fit, her response was "Hilary is a wonderful person. She is very bubbly, and is always greeting people positively. She is a true force out there for us, and she never backs away. We are happy to have her on our team".

# Hilary's success story from a staff perspective

Hilary is a very fun loving and social person who enjoys being around people and getting out of her apartment. She was unemployed for the past two years and tried very hard to secure employment during that time. Prior to being unemployed Hilary worked at Tim Horton's for just over six years. Hilary made it very clear that she wanted to find a position that would allow her to connect and socialize with other members of the community. I'm happy to say that Hilary has finally found her dream job!

When Hilary walked into Wal-Mart one day with intentions of applying for a Greeters position she was genuinely surprised when they asked her to take part in an on-the-spot interview. She was hired immediately, and was asked to start work the next day! Hilary currently works 12-16 hours a week and earns a good hourly wage.

Congratulations Hilary, keep up the great work!

By Kelly Marion
Employment Support Worker

"My favourite part of my job is greeting people at the door and meeting new people. There's nothing that I don't like about my job, this is my dream job!"

- Hilary Eaton



### Providing broader community experiences for the people we serve

# Suzie and Gail Take a Disney Cruise

Gail and Suzie had identified a lifelong dream of going to see Mickey Mouse and visiting a warm climate. With this in mind and after planning with each of the ladies and their support teams, a 5-day Disney Cruise was determined as the best way to achieve their dream! On March 30th Gail and Suzie, along with support staff, Dione and Kathleen flew from Toronto to Miami. This was Suzie's first trip on an airplane, and she thought the staff was "very nice, kind and helpful". The first thing she said when she stepped out of the airport terminal was, "wow, it's hot here!" After checking into their hotel the group went for an early dinner at Bubba Gump's Shrimp restaurant and then toured the area around the hotel to do a little shopping.

On March 31st the ladies boarded the cruise ship and were greeted by many of the famous Disney characters, including Mickey Mouse! After settling into their cabins they enjoyed a buffet lunch, which Gail absolutely loved, and toured the ship to see what activities and amenities they would be enjoying over the next few days.

The first port of call was Key West, where everyone took a tour bus around the city on one of the hottest days of the year so far. If the ladies wanted to experience a warm climate, this was the place to find it!

After the bus tour they visited Kermit's, a restaurant famous for its key lime pie. When she tried her key lime pie, Gail exclaimed "this is good!"

After Key West, the ship sailed on to Nassau, Bahamas. While in Nassau, Suzie and Gail went on a glass bottomed boat, where they could see the tropical fish underneath the boat, and also feed them. The boat ride took them past the Bahamas homes of a number of famous celebrities, and Suzie recognized many of the names.

The next port of call was Castaway Cay,
Disney's private island. The ladies enjoyed the
white sandy beaches, watching the many
Disney characters roaming about, and having a
wonderful lunch. When asked, Gail said that one
of her favourite parts of the trip was "all the
delicious food"!

The next day was spent at sea and everyone enjoyed lounging by the pool, more delicious food, and taking pictures with Disney characters. Suzie got a kiss from Pluto, which she said was the highlight of her trip! Suzie and Gail also went to Pirates of the Caribbean themed party and enjoyed many shows in the large theatre, including the new Beauty and the Beast movie. There was a spectacular firework display on their last night at sea.

On April 5th the ship landed back in Miami. Gail and Suzie said goodbye to Mickey and the Disney gang and flew back home, having experienced one of their personal goals. Way to go ladies!

Submitted by,

Kathleen White, Residential Support Professional Dione Schumacher, Supervisor of Services and Supports





## Success Factor - Valued, Skilled Staff

Investing in our staff to build skill, confidence and tenure

## 20th Annual OASIS Conference

Ontario Agencies Supporting Individuals with Special Needs (OASIS) held its 20th Annual Conference and AGM in Ottawa from May 3-5, 2017. On May 2nd we had an OASIS Board meeting, and were pleased to welcome members of MCSS to join us in discussion regarding the new budget announcement. This budget was a good news/bad news investment for our agency and sector. While there were funds announced to increase direct funding to people, there were no investments in agencies or their staff.

On Wednesday, May 3rd we were treated to a speech from MP Carla Qualtrough, Federal Minister of Sport and Persons with a Disability. It was wonderful to have Federal Government support for the work we do, and to see a dedication from the country to improve the lives of those with disabilities. The remainder of the conference was spent learning and networking

with our provincial colleagues. This year's attendance was over 500 people, and we are pleased to announce that Dione Schumacher was the winner of the George Braithwaite scholarship award.

At the end of the conference, the OASIS Board met once again, and I am pleased to share that Ann Kenney will remain as Volunteer President for the 2017-18 year. As Ann is representing CLSM, I will remain on the Board of OASIS as a Supporting Executive Director for another year. I would like to take this opportunity to highlight all the work Amanda Brown has done over the years as the Administrative Support for OASIS. It was another 'smooth' conference in large part thanks to all of her attention to detail and hard work. Thank you Amanda!

Submitted by,

Krista Haiduk-Collier, Chief Executive Officer



Dione
Schumacher
receiving her
scholarship
award from
Assistant Deputy
Minister, Karen
Chan, and
former OASIS
President,
George
Braithwaite



# **Fundraising Cruise on the Wenonah Steamship**



Need more information? Contact us at

# **Community Living South Muskoka**

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# Senior Leadership Team

Krista Haiduk-Collier Chief Executive Officer

Kelly Miles
Chief Financial Officer

Gene Greenhalgh Chief Operations Officer

Send your newsletter story ideas to Amanda at abrown@clsm.on.ca

