



60's Beach Week!



Activity Guide

*This week is all about the beach, and the swinging sixties!
See the activities below and have fun!*

Monday June 15

Get Crafty!

Tuesday June 16

Get Cooking!

Wednesday June 17

Beach Party at Home!

Thursday June 18

Get Watching!

Friday June 19

Get Playing!

The above suggestions are just that, suggestions. Feel free to mix it up! Our Committee came up with tons of other ideas; read on to learn more! Regardless of what you get up to, send your pictures to dormsby@clsm.on.ca for us to share!

Monday – Get Crafty!

Today is all about getting your 60's beach apparel together! First, we suggest you begin by putting on this "Best of the 60's Surf Rock" compilation to get in the mood! Follow this link to jump into the playlist, and then move on to the activities:

<https://www.youtube.com/watch?v=1j-jiQ9mgek>

1. Easy Tie-Dye Methods!

- Supplies needed: gloves, an apron, tarp or plastic cover, fabric dye, dyeing salt, dye fixative, plastic squeeze bottles, large ziplock bags, container with hot water, rubber bands, wooden dowel, white shirts or other clothes to dye.
- You can also purchase a tie dye kit like this one:
<https://www.walmart.ca/en/ip/tulip-one-step-tie-dye-kit-5-color-rainbow/6000187756062>
- Follow this link for instructions and a demonstration:
<https://www.youtube.com/watch?v=XBadLUHLe6E>

2. Make Flower Crowns

- Supplies needed: A selection of fake flowers, cord, needle, and thread.
- Follow this link for instructions and a demonstration:
<https://snapguide.com/guides/make-a-hippie-flower-headband/>

Tuesday – Get Cooking!

Now that you have your apparel ready to go, it is time to move on to the menu! See the recipes below and make sure you save some for the rest of the week!

1. Pigs in a Blanket

- Supplies needed: tube of crescent rolls, mini cocktail weiners, butter, course salt
- Follow this link for instructions and a demonstration:
<https://www.delish.com/cooking/recipe-ideas/recipes/a58344/homemade-pigs-in-a-blanket-recipe/>

2. Healthy Homemade Ice Pops

- Supplies needed: fresh or frozen fruit, water, sweetener (honey or maple syrup), blender, reusable popsicle sleeves
- Follow this link for various recipes and a demonstration:
<https://detoxinista.com/homemade-ice-pops/>

3. Root Beer Floats

- Supplies needed: root beer, vanilla ice cream, whipped cream, glasses
 - Follow this link for instructions and a demonstration:
<https://www.foodnetwork.com/recipes/bobby-flay/root-beer-floats-recipe-1942666>
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Wednesday – Beach Party at Home!

Okay, you have your beach apparel and your delicious summer menu ready to go, so now it is time to party!

1. Beach Party At Home!

- Supplies needed: beach towels, sunglasses, sunscreen (if necessary), beach apparel, food, music
- Set up your beach towels either indoors or outdoors, put on your beach apparel and sunglasses, get some food from your beach menu, put on the tunes, and start lounging! Remember to wear sunscreen!
- Here is yet another beach playlist:
<https://www.youtube.com/watch?v=2s4slliAtQU&list=PLgNpdyxTBi4xH2MExpJd9emMDRb99USg>
- You can also search for “60’s Beach Party” on your FREE Spotify account for even more great beach tunes!

2. More “Beach Party At Home” Ideas From Momtastic!

- Follow this link for more ideas for your beach party!
<https://www.momtastic.com/life/parties/104451-make-a-beach-party-at-home/>

Thursday – Get Watching!

Today we encourage you to continue your beach party at home and watch some beach themed movies!

1. Bikini Beach

- <https://www.youtube.com/watch?v=cDiISTXjSX8>

2. Muscle Beach Party

- https://www.youtube.com/watch?v=_cmDKyNPI1A

3. Back to the Beach

- Part 1: <https://www.dailymotion.com/video/x5l3k71>
- Part 2: <https://www.dailymotion.com/video/x5l3ju3>

Other Beach Themed Movie & TV Show Ideas

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|-----------------------|------------------------|
| • Beach Party | • Gidget Goes Hawaiian |
| • Beach Blanket Bingo | • Gilligan’s Island |
| • Surf Party | • Teen Beach Movie |



Friday – Get Playing!

Today we suggest closing off your week of beach partying with some classic games inspired by the beach!

1. Mini Put

- Supplies needed: dollar store putters, balls, plastic cups
- Set up a mini golf competition, and see who can put the ball into the cup from the farthest distance, see who can get the most hole-in-one's, etc.

2. Limbo!

- Supplies needed: pole or broom stick, 2 volunteers to hold it up
- Form a line, and continue to take turns passing under the pole. See who can go the lowest without touching the pole!

3. Fly a Kite!

- Supplies needed: a kite kit from the dollar store, extra string if you want more height.
- Watch out for obstructions like trees and hydro lines!

4. Popular 60's Board Games to Play on the Beach

- Clue
- Chutes (Snakes) and Ladders
- Sorry!
- Risk
- Monopoly

ENJOY!

