



Disney Week



Activity Guide

This week's activities are all about Disney! Our aim is to bring the excitement of a Disney theme park to your home. We know you all have a variety of Disney movies, so we suggest watching your favourite movies while you enjoy the activities. See the guide below and have fun!

~ Monday June 29 ~

Get Creative!

~ Tuesday June 30 ~

Get Cooking!

~ Wednesday July 1 ~

Get Exploring!

~ Thursday July 2 ~

Get Thinking!

~ Friday July 3 ~

Get Moving!

The above suggestions are just that, suggestions. Feel free to mix it up! Our Committee came up with tons of other ideas; read on to learn more! Regardless of what you get up to, send your pictures to dormsby@clsm.on.ca for us to share!

Monday – Get Creative!

1. Make your own Forky from Toy Story 4

- Supplies needed: Plastic sporks, Jumbo craft sticks, red pipe cleaners, self-adhesive googly eyes (assorted sizes), Play Dough, Red and Blue permanent marker.
- Cut your popsicle stick in half and use the blue marker to write Bonnie or your name on the bottom of the sticks.
- Take a small chunk of play dough and make it a volcano shape.
- Stick the popsicle stick halves into the underside of the clay with the "legs" angled outward a bit.
- Use the blue marker to draw Forky's mouth on the spork.
- Use the red marker to make his eyebrows.
- Choose 2 different sized adhesive googly eyes and attach them to the middle of the spork.
- Take your spork and press the base of it into the top of the play dough volcano
- Wrap your red pipe cleaner around the spork, in the middle of the handle. Shape the ends to make 3 fingers on each side.



2. Make a fairy lantern:

- Supplies needed: Various size jars, moss, artificial flowers and plants, jute rope, fine glitter, fairy silhouette cutout, cardboard, white glue, foam brush, hot glue, flameless tea light.
- Here is a Tinkerbell silhouette or you can print your own at home:
<http://www.moreprintabletreats.com/tinkerbell-silhouette-cut-out-small/>
- Step one: Using a foam brush, spread a thin layer of white glue inside a clean jar.
- Step Two: Prior to the glue hardening, pour some fine glitter inside the jar
- Step Three: Close the lid and shake the jar so that the glitter adheres to the glue. Discard remaining glitter and allow glue to dry.
- Step Four: Cut a piece of cardboard to fit inside the opening of the jar and sit on the base of the jar. Trim various pieces of faux plants and flowers
- Step Five: Hot glue moss and plants onto the cardboard
- Step Six: Cut out the silhouette of a fairy.
- Step Seven: Hot glue the fairy to cardboard, ensuring you place it as close to the edge as possible.
- Step eight: Insert the cardboard and fairy into jar
- Step nine: Make a loop with jute rope and attach it to the lid using hot glue. At this time, you can also glue some moss.
- Step ten: Glue some artificial vine onto the jute rope if desired
- Step eleven: Place a flameless candle into the jar.
- Step twelve: Secure the lid in place and enjoy.

3. Disney Themed Flashlight Fireworks

- Supplies needed: Single bulb flashlight, black construction paper or cardstock, scissors, push pin, Cork or Styrofoam, Black acrylic Paint.
- Follow this link for instructions:
<https://www.getawaytoday.com/blogs/2015-09-10/make-magical-disneyland-fireworks-in-your-own-home>

4. Make your own Mickey Ears

- Supplies Needed: black felt, cardboard, headband, scissors, paper, pencil, household glue, hot glue gun,
- Follow this link for instructions:
<https://www.wikihow.com/Make-Mickey-Mouse-Ears>

5. Frozen Cootie Catcher

- See the attached PDF!

6. Colour!

- See the attached colouring pages!

Tuesday – Get Cooking!

1. Like Alice in Wonderland? Why not host your own Mad Hatter Team Party!

- Follow the link below for a TON of ideas on how to decorate and prepare for your party!
<https://www.alice-in-wonderland.net/fun/mad-tea-party-ideas/>

2. Disney Movie Night/Dinner Match Up

- Check out this link for some great pairings and recipes such as Lion King and "Hukuna" Frittata, Winnie the Pooh and Piglet's Pigs in a Blanket or the classic Lady and the Tramp spaghetti with meatballs! Match your favourite recipe with your favourite movie and enjoy the 2 together!
<https://www.mealplanningblueprints.com/blog/disney-movie-night-themed-dinner-recipe-ideas>

3. Mickey Mouse Trail Mix

- Stir together the following ingredients and enjoy! Put in Tupperware or bag it up to store.
- 2 cups of pretzels (any kind will do)
- 1 cup mini marshmallows
- 1 cup honey nut Chex cereal
- 3/4 cup peanuts (optional)
- 1/2 cup raisins
- 1/2 cup red and yellow M&Ms

4. Disney Dole Whip

- Blend all of the following ingredients in a good quality blender or food processor, starting on low and slowly increasing the speed. (Start with just half of the pineapple juice and add more as you need it). Enjoy immediately! You can also store it in the freezer for later, but let it thaw on the counter for 20 minutes before eating.

- 2 large cups frozen pineapple
 - 1 cup vanilla ice cream
 - 1/2 cup pineapple juice
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Wednesday – Get Exploring!

1. Virtual Tours of Disney

- We can't go to a Disney theme park right now, so why not take a virtual trip from home! See the following link to experience your favourite Disney rides and attractions up close!
<https://www.upworthy.com/disneyland-virtual-tour-walkthrough-videos>

2. Mickey Tracker Game

- Print the attached Mickey Tracker templates, cut them out.
- Hide Mickey around the house and/or outside and see how many you can find.
- You could even get creative and make your own mickeys using materials around the house (flour mickeys on the counter, rock mickey in the backyard, draw mickey with a stick in the dirt outside, towel mickey in the bathroom, mickey sandwich or pancakes).

3. Mickey Mouse and Friends Scavenger Hunt

- See attached!
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Thursday – Get Thinking!

1. Recreate your favourite Disney Ride

- Check out this link for ideas and get busy recreating!
<https://tripswithtykes.com/disney-lovers-get-creative-replicating-the-theme-parks-at-home/>

2. How well do you know your Disney movies and characters?

- See the following attachments to test your skills!
- "Would You Rather"
- Disney Trivia

3. Disney Word Searches

- See the attached Disney Movie Word Search and the Disney Mixed Activity Booklet and see how many you can complete!
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Friday – Get Moving!

1. Mousercise

- Did you know that in 1982 Disney jumped on the aerobics trend and released the exercise album Mousercise? See the attached JPG and get moving with Mickey and Friends!

2. Disney Dance Party

- Why not have a dance party or sing along to some of your favourite Disney favourites.
- Search Spotify for “Disney Hits” or “Disney Classics”, or search YouTube for “Ultimate Disney Playlist”
- Put together your own playlist and include some of these favourite Disney Songs:
 - I'll Make A Man Out Of You
 - Colours Of The Wind
 - The Golden Afternoon
 - Bibbidi-Bobbidi-Boo
 - A Spoonful Of Sugar
 - Circle Of Life
 - Whistle While You Work

3. Disney Inspire Workouts

- Follow this link for a selection of Disney inspired workouts!
<https://family.disney.com/articles/disney-workouts/>

4. Moana Inspired Zumba Workout

- Follow this link for a Moana inspired Zumba workout!
<https://www.youtube.com/watch?v=1Ku0qUAFUZk&feature=youtu.be>

ENJOY!

