#### September 2022



## Community Living South Muskoka

Serving those with a Developmental Disability

#### In This Issue:

#### Vision

The "Go To" expert for those impacted by a developmental disability.

#### **Mission**

Community Living South Muskoka provides lifetime support to all those impacted by a developmental disability, utilizing skilled staff and effective partnerships involving the individual, the family and the community with the result that the individual is accepted as a valued community member.

#### Values

- Excellence
- ♦ Trust
- Respect

#### **Success Factors**

- A Highly Valued
   Community Organization
- ♦ A Leader in Innovation
- Person Centered
- Valued, Skilled Staff

Community Living South Muskoka

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Community Living South Muskoka | 15 Depot Drive, Bracebridge, ON, P1L 0H1

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#### A Message From Our CEO

Sitting down to write this newsletter article, I wanted to share how very positive I am feeling about the future of CLSM. I was struck by how easy it is to be caught up with all that is not going well... as an agency we have been facing increasing challenges with staff who are fatigued after 30 months of a very long pandemic, staffing shortages that are exasperating the fatigue and now inflation taking a toll on our ability to operate. And yet despite all of this, our front line staff have remained resilient shining stars, our management team has been steadfast in their support of our CLSM family and we have people we support successful every day in new things. We have begun the slow road to recovery as we hire new staff and start to experience more people participating safely in community. Our community has stepped up to the plate and shown how generous and caring they can be. Overall, we have so many wonderful things happening that you will see in these pages, that it is no wonder I feel so positive about the future.

As many of you know, we operate homes in Bracebridge, Gravenhurst and Honey Harbour and are dealing with the same issues as everyone else of inflation. It is especially challenging for those we support who live independently in community on ODSP. That is why when we presented in June to the 100 Women Who Care, we highlighted food security and housing needs. We are so surprised and thankful to be the recipients of their kindness and caring donations. Thanks to these amazing women, we have been able to provide food to everyone who has been struggling over the summer months and plan to keep up the work to continue to support people throughout the fall.

Our first ever Music Festival was a great success. It was so nice to showcase our great property, host a large community event and bring to everyone's attention the issues people on ODSP are facing trying to live in Muskoka. My heart was full with the wonderful donations and sponsorships we received. It truly shows what a kind and caring community we have.

Speaking of kindness in our community, prior to the start of this school year we partnered with South Muskoka Curling and Golf Club, Bin There Dump That and Country 102 to run a fundraiser for 75 children and youth we support who were in need of a bit more support to start the school year. We were thrilled to raise just over \$4000 to purchase and stuff 75 back backs and school supplies along with some food. What a wonderful event and partnership!

Just over a year ago, we received notice from our long term landlord in Gravenhurst that it was time for us to move on. We began an exhaustive search and could not find anything to rent for 6 people. We eventually had to switch gears and look to purchase a home. I am pleased to share that we purchased the home in late February and began renovations. The work is now ending, and we are thrilled to soon be moving in our new location. We have had generous support from MCCSS to make this home happen and our Board of Directors to ensure the renovations are occurring.

Our Wellness Team continues with their efforts to promote the health and well being of our staff. I want to take a moment to thank the members of the working committee for all they do to provide fun activities and informative training for our dedicated team.

Respectfully Submitted,

Krista Haiduk-Collier Chief Executive Officer Community Living South Muskoka



"Overall, we have so many wonderful things happening that you will see in these pages, that it is no wonder I feel so positive about the future"

- Krista Haiduk-Collier CEO



### ARE YOU LOOKING TO MAKE AN IMPACT? DO YOU WANT A REWARDING WAY TO CONTRIBUTE YOUR TALENTS TO BETTER YOUR COMMUNITY?

#### A place on the CLSM Board of Directors might just be the place for you!

We support over 450 people with a Developmental Disability throughout the Muskoka area. You may have seen us at the North end of Muskoka Rd N in Gravenhurst, or across from the Home Depot in Bracebridge. What you don't see are the homes and services we operate in Gravenhurst, Bracebridge and Honey Harbour. What you seldom see are our close to 200 staff who daily help those we support. What you might not realize is that we annually spend almost \$10,000,000 on things like salaries, daily needs, transportation and equipment, most of it right here in Muskoka.

The CLSM Board of Directors help to build an inclusive community that embraces children, youth and adults with developmental support needs and their families.

If you would like to find out more about this exciting opportunity or simply more about the agency itself please contact Krista Haiduk-Collier by email at <u>khaiduk@clsm.on.ca</u>.



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Community Living South Muskol Control Living South Muskoka

Ensure that the Community recognizes, respects & is inspired by CLSM

#### Rockin' Out at Music at the Meadows 2022



On August 13th, 2022, CLSM hosted our first ever music festival fundraiser "Music at the Meadows" at our Morrison Meadows property located on Fraserburg Road. It was an amazing day full of great music, dancing, tasty food & drink and many great stories we will tell for years to come.

The weather was perfect and we had over 200 people on site at the peak of the event. Our performers rocked the stage from 3pm-8pm, kicking off with the DeuxDads, followed by Blue Moon, the Brudders, and our featured performer Dayna Reid. A special thank you to all of our performers for putting on such a spectacular show!

We are happy to announce that after all sponsorships, donations and ticket sales we were able to raise a grand total of \$27,913, with the funds raised going towards helping with food security and housing for the people we support who live independently in our community. We could not have done it without the help from our generous community partners and sponsors who we will highlight on the next page of this newsletter. We also must thank our outstanding team of volunteers who worked so hard to make this event a success. We are so honoured to work with each and every one of you.

Planning has already begun for 2023, when we hope to make Music at the Meadows even bigger and better!

Submitted by Taylor Watson



## THANK YOU TO OUR MUSIC AT THE MEADOWS SPONSORS!

#### DIAMOND





MUSKOKA'S BEST COUNTRY

#### SILVER G BDO Gallagher Insurance Risk Management Consulting ENGINEERING Arthur J. Gallagher Canada Limited Laig.com/ci benefits BRIGGS CAVALCAD MACKENZIE Financial taking care of people group BRONZE FLEMING MUSKOKA RBC ( Bracebradge BRACEBRIDGE





















Providing broader community experiences for the people we serve

#### Filling Backpacks for Back to School at South Muskoka



From August 23rd-31st, CLSM ran our first ever Backpack and Supply Drive, and we are pleased to announce it was an huge success! Throughout the week, we encouraged the community to help supply us with non-perishable food items, school supplies and/or monetary donations to help the children we support prepare to head back to school with confidence.

On August 31st, we partnered with South Muskoka Curling & Golf Club, Bin There Dump That and Country 102 and set up live-on-location at the club to collect donations. The results were overwhelming. With the help of the club members and individuals from the community, we raised over \$4000, collected a generous supply of non-perishable food and filled over 75 backpacks!

We want to extend our heartfelt appreciation to Country 102, Bin There Dump That, South Muskoka Curling & Golf Club and their members, and everyone in our community who made this endeavour the success that it was. It is because of all of you that the children we support will have everything they need to make the most of the 2022-2023 school year. We cannot thank you enough for your generosity!

We are currently planning for a Christmas Toy Drive and we encourage you to keep an eye on our website and social media for more info as it becomes available.



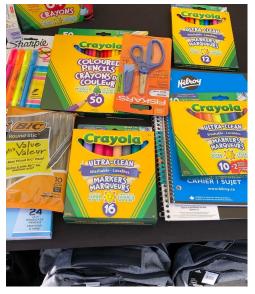
Submitted by Taylor Watson























Providing broader community experiences for the people we serve

#### More Fun with CPS at South Muskoka

This summer, we had another wonderful opportunity to partner with South Muskoka Curling & Golf Club for a "Learn to Golf" program.

It was such a fun program and we all looked forward to heading to the club each week. Adam, the General Manager, and Jacklynn, the Golf Pro, spent time with each of us, teaching us different, stances, skills, and techniques. Each week they came up with different challenges for us to participate in, resulting in lots of laughs and great friendships made.

Once again, we would like to thank the crew at South Muskoka for all they do for CLSM. You play a large part in helping to benefit those in our community who live with a developmental disability.



Submitted by Nadine Bowen



"Each week, Adam and Jacklynn came up with different challenges for us to participate in, resulting in lots of laughs and great friendships made"

- Nadine Bowen, CPS Staff

#### Providing broader community experiences for the people we serve

#### **Blaine Heads to North Bay for Annual Family Visit**



Every year, Blaine looks forward to a very special trip, one that has become even more precious over the past couple of years. This year, the trip was scheduled for August 25th and when the day arrived, Blaine was beyond excited to get in the car and head up the highway to North Bay for his annual visit with his family.

The joy on everyone's faces when he arrived was absolutely wonderful, and his mom and sister greeted him with a long embrace. They spent the day at the North Bay harbour, starting with a boat tour and lunch on the Chief Commanda II before heading to the Heritage Railway & Carousel company. The boat tour was stunning, and Blaine had a blast riding the carousel and train!

The three of them shared stories and had lots of laughs throughout the day. Everyone was thrilled that they got a chance to visit and Blaine is already looking forward to his trip next year!

Submitted by Nadine Bowen





Providing broader community experiences for the people we serve

#### **CPS Team Continues to Get Out & Get Active**

With the beautiful weather we have had this summer in Muskoka, our Community Participation Support (CPS) program has been making the most of getting outside and getting active in the community!

Anna has taken an interest in the environment and has been collecting garbage while out for walks. She has become very passionate about reducing, reusing and recycling!

She also attended a cruise in July on the Peerless II in Port Carling with her friends Ron, Curtis and Steve. They were thrilled to each get a turn driving the boat!

Anna has also been volunteering at Carter's Dog Rescue with Tamica. They have volunteered a few times throughout the summer to take the dogs for walks, and they absolutely love every minute of it.

Now that we are moving into what we hope will be a gorgeous fall season, there will be even more opportunities for our supported individuals to get out, get active and have some fun in the community!



Submitted by Caitlin Syvret















#### Providing broader community experiences for the people we serve

#### **Morrison Meadows Summer Programs in Full Swing**



CLSM has been anxious to get back outdoors and with the great weather we have had this summer, we decided to start up the 2022 Summer Programs at Morrison Meadows. The property is a perfect space for outdoor fun and activities, learning new things, having a laugh and making some great memories.

Throughout July and August, Angee from Sky River Meadows joined us on Tuesday afternoons to host various interactive programs including goat therapy, sound bowl lessons and a drum circles. All were a great success and loved by everyone who attended. In future we hope to expand on these programs and offer even more experiences and activities for those we support to take part in.

From all of us at CLSM, thank you to Angee and Sky River Meadows for this wonderful opportunity and for all of your support. You put big smiles on the faces of everyone who came out and took part!

Submitted by Nadine Bowen



- Nadine Bowen, CPS Staff



Providing broader community experiences for the people we serve

#### Woodward's 2022 Cottage Getaway

This summer two new residents moved in to our Woodward home; Caroline and Jeff. Their first week at the home was very busy, moving in and then quickly packing to go to the cottage. One thing that all the Woodward residents have in common is the excitement and anticipation for their annual cottage getaway.

Caroline moved into Woodward On July 7th, 2022. *"I like my room. I like to sit outside. I like going to music class."* Jeff moved into Woodward on July 12th, 2022. *"I like being here with everybody. I like spending time with the people here and I get to go out and do fun stuff. I really enjoyed going to the cottage. It was my first time using a kayak and pedal boat. I enjoyed fishing as well."* 

This year at the cottage they had friends visit, they went fishing and swimming, built sand castles, had a campfire and used the canoes, kayaks and pedal boats. They enjoyed Pina Colada's and getting caught in the rain (there was a rainstorm one day and they all had to run inside for cover). Even with the rain, it was a lot of fun and they all had a good laugh!

The cottage is so much fun every year. The crew get to make great memories there. Caroline said she was "Looking forward to going again next year!"



Submitted by Carmen Yeo

















#### Success Factor - Valued, Skilled Staff

Investing in our staff to build skill, confidence and tenure

#### Welcome to CLSM's New Administrative Team!

There have been a lot of changes at CLSM over the past couple of years. We wanted to take this opportunity to introduce you to our new hard-working Administrative Team:



Jeanette van Leeuwen: Jeanette has been with CLSM for two years. She is not new to our Admin team but she is adding to her knowledge and has taken on a new position as Payroll Administrative Assistant.



**Jordana Gamble:** Jori is our new part-time PPE Coordinator and is in the office on Mondays, Wednesdays and Fridays.

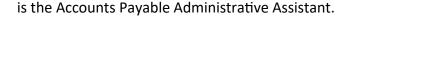


**Anita Moss:** Anita is HR Manager Declan's partner in crime as the Human Resources Administration Assistant.



**Shannon O'Brien:** Shannon started at CLSM in June 2022 as our new Executive Assistant to our CEO Krista and our Board of Directors.





Christie Thickett: Christie has been with CLSM for 9 years and



**Lucy Parsons:** Lucy started with CLSM in the summer of 2022 and is the Accounts Receivable Administrative Assistant.

"Thank you to each and every one of you for all that you do for our agency, our staff and the people we support!"

> - Krista Haiduk-Collier CEO

#### Success Factor - A Highly Valued Community Organization

Ensure that the Community recognizes, respects & is inspired by CLSM

#### Thank You to Muskoka's 100 Women Who Care

Back in June, CLSM was invited to present to Muskoka's 100 Women Who Care. The 100 Women Who Care Facebook page describes themselves as "a group of women who share a common desire to give back and inspire local philanthropy in their community". This was an amazing opportunity for us to highlight the work we do in our community and the needs of those we support, especially during these difficult times.

We are absolutely thrilled to announce that after listening to our presentation, CLSM was selected as this year's award recipient! When all donations were tallied, we were granted a total donation of \$9700 to help supplement housing and food security for the people we support through our Supported Independent Living (SIL) Program.

From everyone at CLSM, thank you to the 100 Women Who Care for inviting us to present as one of the 2022 finalists, and for selecting us as the award recipient. Your contribution makes a tremendously positive impact for people living with developmental disabilities in our community.

"Thanks to these amazing women, we have been able to provide food to everyone who has been struggling over the summer months and plan to keep up the work to continue to support people throughout the fall.

> - Krista Haiduk-Collier CEO

Submitted by Taylor Watson

















## You are Invited to Attend

The Annual General Meeting & Awards Celebration of Community Living South Muskoka on

Monday, September 26, 2022 5:00 - 6:00pm at Morrison Meadows 1177 Fraserburg Rd Bracebridge

#### **RSVP to** Shannon O'Brien sobrien@clsm.on.ca or 705-645-5494 ext 285 by September 16, 2022

We hope you can join us for our very casual, informal evening including our CLSM Family BBQ and Awards Celebration.

Please be advised that we will be following the agency IPAC protocols for the event, with masks to be worn inside our buildings except when eating. Covid-19 screening will be in place!

Membership: \$10 per year. Available in advance by contacting Shannon as above. (Only Members are entitled to vote)



# **SAVE THE DATE**

## **2ND ANNUAL CHRISTMAS MINI FUNDRAISER**



Online booking will begin August 24th at Noon
Image: Pritchardperfect

# Truck provided by :





October 29, 2022

